

98 Wanita Road, Mississauga, ON L5G 1B8 Phone - 905-891-7619 Fax - 905-278-6539

September 9th, 2025

Dear Parent(s)/Guardian(s):

<u>If</u> your child expresses an interest in trying out for the St. James Junior Volleyball Team, tryouts will be held as follows:

Girls - Thursday September 11th at lunch recess 12:20 p.m. Boys - Friday September 12th at lunch recess 12:20 p.m. (if necessary, there will be a Co-ed callback Tuesday September 16th, at lunch recess 12:20 p.m.)

Students involved in the tryouts are expected to come dressed appropriately (shorts, T-shirt, track pants, sweatshirt, running shoes).

Team members will be chosen based on their ability, potential and attitude. Every player is to show commitment and dedication in all practices, and team functions. This means working hard in practice and never giving up. It is important that students come to practices and tournaments with a positive attitude, always willing to learn and always wanting to have fun. Students representing St. James must be always models of positive behaviour and sportsmanship. If a player is not keeping up with schoolwork or not exhibiting positive behaviour in accordance with the Catholic Code of Conduct, the coaching staff will take appropriate action. **Finally, decisions about the team will rest with the coaches.**

Those members that make the team will be expected to attend all practices and keep up with their schoolwork. Failure to do so may result in your child being removed from the team.

Practices will be held as follows:

Girls - Tuesdays and Thursdays at 12:20 p.m. Boys - Mondays and Wednesdays at 12:20 p.m.

Co-Ed – Fridays at 12:20 p.m.

If your child wishes to participate, we have attached the two forms that they will need to hand in before they will be allowed to try out.

- 1) GF403 "Elementary Interschool Medical Information/Element of Risk/Permission to Participate" (<u>two-sided</u> form)
- 2) GF088A "Attestation for Students and Parents: Concussion Awareness Resources" (2nd page)

Tryout forms may be emailed to the office at st.jamesinfo@dpcdsb.org (please ensure all checkboxes and signatures are filled in before sending). If you are unable to submit the permission form electronically, please print and forward your form(s) to the office.

Students that do not hand in completed forms will not be allowed to participate.

Sincerely, D. DeMelo/N. Stecki Team Coaches